

## Registration Form

### Ground and Center YTT Registration and Contract 200 Hour Yoga Alliance Certification Program

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State/Zipcode \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Occupation \_\_\_\_\_  
Cell Phone \_\_\_\_\_ Home Phone \_\_\_\_\_  
Email Address \_\_\_\_\_  
Emergency Contact \_\_\_\_\_

Registration Questions (If you are submitting this in person or by mail, please use a separate piece of paper for your answers.)

- How did you hear about Ground and Center YTT?
- Why do you want to complete this yoga teacher training program?
- Write your own definition of yoga.
- What do you currently do in relation to the spiritual practice/asana practice of yoga?
- What are your other interests and activities?
- Do you have any medical issues, injuries, or limitations (for teacher awareness only)?
- What are your expectations of this program and of yourself?
- Other information, thoughts, considerations you feel are important:

### Payment Plan

Which payment plan will you be enrolling in? Please check one.

- \$2,560 – \$200 deposit due with registration, remaining \$2,360 due 1 week prior to course start date
- \$2,760 - \$200 deposit due with registration, \$320 per module as attended

Payment plans described above include \$200 deposit to hold your spot. Tuition does not include cost of books or personal yoga supplies.

Please mail/bring this completed form (along with \$200 deposit fee) to: Happy Dog Yoga Studio, 2887 Krafft Road, Suite 1600 Port Huron, MI, 48060 or 201 N. Riverside Dr. Suite C-10, St. Clair, MI 48079. You may also email [groundandcenteryoga@gmail.com](mailto:groundandcenteryoga@gmail.com) to receive an electronic version. Please make check payments written to Ground and Center Yoga or contact Katie directly to make payment by credit card.



Please review the following information before signing.

Refund Policy - All tuition and fees paid by the student outside of the \$200 deposit will be refunded if a request is made within 5 business days of signing a contract with Ground and Center Yoga. The requested refunds will be returned within thirty (30) days. Once the 5 business days have elapsed, Ground and Center Yoga will maintain the policy that no refunds will be granted once the teacher training program starts. In the event that the teacher training program cannot be held or completed, all monies paid by the student to date will be refunded in full within thirty (30) days.

Grading & Graduation Requirements - Students will be marked as either complete or incomplete for this program. To be marked as complete, students must meet the attendance policy, complete all assignments, have a thorough understanding of yoga and teaching, and fulfill the required hours set forth by the Yoga Alliance for the 200 hour yoga teacher training within 12 months of starting the program. Certification will be given upon successful completion of all required modules, hours and assignments.

Attendance Policy - In order to maintain the standards set by Yoga Alliance and maintain the integrity of the standards set by Ground and Center YTT, students must attend 100% of the 8 mandatory modules. If a portion of a module is missed, you may schedule time to make up the material with Katie at her discretion and availability. Students will be responsible for completing all assignments before training ends.

Certification - The Ground and Center YTT certification course satisfies the entire requirements for the 200 Hour Yoga Teacher Training as required by the Yoga Alliance. Upon completion of the program, you will be equipped with the necessary knowledge, experience and confidence to teach yoga in the community. You will receive a Certificate of Completion once all program requirements have been met and be eligible to become a Registered Yoga Teacher (RYT) through Yoga Alliance at the 200 hour level (additional fees apply). Placement for students cannot be guaranteed.

#### Teacher Training Code of Conduct

1. Arrive on time, preferably early, to class and come prepared and ready to learn
2. Respect your fellow students and instructors
3. Honor your own inner perceptions – listen to your body, mind, and emotions. Adapt if necessary and remember self-care is important.
4. Practice the yamas and niyamas at all times, both in and outside of yoga teacher training and the yoga studio

Students who violate these conditions will be expelled and not readmitted, in this case all tuition and fees will be forfeited.



I have read the above information regarding the refund policy, grading and graduation requirements, the attendance policy, certification, and teacher code of conduct as outlined by Ground and Center Yoga. I understand the information and am in agreement with the terms.

Trainee Name Printed: \_\_\_\_\_

Trainee Signature: \_\_\_\_\_ Date: \_\_\_\_\_

